

2023年4月高等教育自学考试福建省统一命题考试

旅游专业英语

(课程代码 06120)

注意事项:

1. 本试卷分为两部分,第一部分为选择题,第二部分为非选择题。
2. 应考者必须按试题顺序在答题卡(纸)指定位置上作答,答在试卷上无效。
3. 涂写部分、画图部分必须使用2B铅笔,书写部分必须使用黑色字迹签字笔。

第一部分 选择题

I. Reading Comprehension. Read the following passages and choose one option which is the most suitable. 本大题共10小题,每小题2分,共20分。

Passage One

Questions 1 to 5 are based on the following passage.

Next to air, water is the element most necessary for survival. A normal adult is 60 - 70 percent water. We can go without food for almost two months, but without water only a few days. Yet most people have no idea how much water they should drink. In fact, many live in a dehydrated(缺水的) state.

Without water, we'd be poisoned to death by our own waste products. When the kidneys remove our body waste, these must be dissolved in water. If there isn't enough water, wastes are not removed as effectively and may build up as kidney stones. Water also is vital for chemical reactions in digestion and metabolism. It carries nutrients and oxygen to the cells through the blood and helps to cool the body through sweating.

We even need water to breathe: our lungs must be moist to take in oxygen and send out carbon dioxide. It is possible to lose a pint of liquid each day when we breathe.

So if you don't drink sufficient water, you can harm every aspect of your physiology. By not drinking enough water, many people have excess body fat, poor muscle tone and size, decreased digestive efficiency and organ function, increased poisonous state in the body and muscle soreness.

To protect you from these problems, you are supposed to follow the following formula for daily water intake: 1/2 ounce per pound of body weight if you're not active(that's ten eight-ounce

glasses if you weigh 160 pounds), and 2/3 ounce per pound if you're athletic(13 to 14 glasses a day, at the same weight). Your water intake should be spread throughout the day and evening.

1. What is the most important thing for people's survival?

| | |
|---------|-------------|
| A. Air | B. Water |
| C. Food | D. Medicine |
2. Water is important in digestion because _____.
 - A. it decreases the poisonous substances in the body
 - B. it dissolves the wastes and carries along the nutrients
 - C. it strengthens our kidney and stomach
 - D. it makes the kidney moist
3. Water is important in breathing because _____.
 - A. it cools the body through sweating
 - B. it moistens our lungs
 - C. it brings into our body the oxygen
 - D. it carries the nutrients to our lungs
4. Which is NOT mentioned as a damage caused by not drinking enough water?

| | |
|----------------------------|-------------------|
| A. Excess body fat | B. Pain in muscle |
| C. Difficulty in breathing | D. Poor digestion |
5. An athlete weighs 180 pounds should drink _____ eight-ounce glasses of water a day.

| | |
|-------|-------|
| A. 12 | B. 13 |
| C. 14 | D. 15 |

Passage Two

Questions 6 to 10 are based on the following passage.

People sometimes use lack of flavor as a reason for avoiding healthful food choices, but research discredits that excuse more firmly than ever. Studies are showing that herbs and spices add health benefits as well as flavor to food.

Many herbs contain the natural antioxidant substances found in fruits, vegetables and tea. (Antioxidants help to prevent and repair damage from reactive substances that could lead to cancer or heart disease). According to a research by the U. S. Department of Agriculture, oregano — commonly used in a variety of dishes, including pizza — is extremely high in antioxidant power.

According to a review published in the American Journal of Clinical Nutrition, herbs contain many cancer-fighting chemicals that stimulate the immune system, block damage to the DNA in our cells and inhibit a variety of diseases associated with cancer development.

Health benefits don't come just from the juice or pulp of fruit. Animal studies done at the University of Arizona found that citrus peel(柑橘皮) was linked to a drop in risk of about 30 percent to 70 percent in skin cancer.

44. tourist destination

45. natural resource

VI. Translate the following sentences. 本大题共 6 小题, 每小题 5 分, 共 30 分.

46. Europe leads the world in international tourism receipts, with about three fourths of the total amount, Germany has been spending more on foreign travel than any other European countries and has experienced the largest travel deficits.
47. In American restaurants, people usually prefer waiting for a new table to sitting with strangers. It means waiters will set people up with a new table for dining, though the table is available.
48. If you sell a product, you need a customer service plan. The best way to develop one is to put yourself in your customer's shoes. Do your best to serve customers well and they will reward you by recommending their friends to your company or website.
49. Intangible cultural heritage is hard to understand but practical term used by UNESCO in broad reference to orally transmitted cultural traditions, and includes language, ritual, and craftsmanship. These shared customs provide people with a sense of identity and continuity in their community.
50. 在中国的不少世界自然文化遗产地都出现了不同程度的旅游设施建设过度人工化、城市化和商业化的倾向。
51. 夏天是欧洲旅游的旺季, 每年七八月份大量的游客来到欧洲, 旅馆和博物馆人满为患, 因此六月或九月可能更适宜于去欧洲旅行。